

Summer 2017

Carnezz's Corner

Hey everyone, Try to come to our variety show on 6/4/2017 at Plantsville Congregational Church. It's going to be fun for all. Family and friends can come to the show and enjoy themselves. It starts at 4pm to 6:30pm on Sunday, June 4, 2017. It will be lot's of fun and for this year our new name for the variety show is called Arc's Got Talent. I am the president of A New Way. Mr. Carnezz Terry Junior A.K.A they call me Mr. President. For tickets contact The Arc of Southington at 860-628-9220 ext 100. Have a great day!



People First CT update

We just had the supportive decision making workshop. It was a good day we had a great turn out. The conference for People First of CT is on June 17th in Rocky Hill. Call The Arc of Southington office for applications or go on People First of CT web site.



Art Show

Come join the famous artist missy at her Art Show on June 11th from noon to 4pm. Here are some examples of her art work.



A New Way

Mike Ruzzi, Self Advocacy Coordinator for The Arc of Southington at 860-628-9220 Ext.

240 or

sac@arc-south.org



Upcoming Events

The Arc of Southington would like to thank all the sponsors, donors, and volunteers that helped to make our events a great success!

T-shirts, hats, and jewelry are being sold at the Arc any time so come check it out.

Arc's annual picnic will be held Sunday June 11, 2017 from noon to 4pm at the Arc of Southington Office. Call 860-628-9220 ext 100 for ticket information.

Free Art show on Sunday June 11th from 12-4 at The Arc of Southington in conference room. Artist Melissa Botsaco's will have a variety of her paintings for sale. Something for everyone. Stop by and check it out.

For more information on how to get involved, please visit us at <u>www.arcsouthington.org</u>

What Laws protect you ?

There are many State and federal laws that's protect your rights. The most important law to know is the American with Disabilities Act (ADA) The ADA protects you from being excluded from a program or Denied Services state and two programs and services, employment, transportation and other types of activities.

What are rights & Freedoms?

Rights and freedoms are yours because you are American and a Connecticut Citizen. Rights are things the law says you have- " they are things you can do. "

What rights do you have?

* You have a right to dignity and good care. when people treat you with dignity, they respect you .

* You have the right to privacy privacy to decide for yourself what you want to share and with whom .

you do not have to share what is personal.

* You have the right to be alone.

* You have the right to attend the church or synagogue of your choice.

* You have the right to have friends .

* You have the right to be free from harm and to have a safe and comfortable place to live.

* You have the right to get services and support in the community

What Opportunities do you have in Connecticut and America?

You can work with others to learn about your rights. You can participate in community activities.

You have the right to make choices.

www.ADA.gov



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Mission:

The Arc of Southington is a leader in the community: educating, empowering, supporting and advocating for people with disabilities

Vision:

People with cognitive, intellectual and developmental disabilities:

- · Receive inclusive education
- Receive appropriate, quality supports
 Are included in all aspects of community life
- · Are empowered to live the lives they choose
- The Arc of Southington:
- · Is a valuable community resource
- · Builds bridges in the community
- · Is committed to excellence and integrity

Here are some pictures from the recent Arc Walk a thon. It was a very hot day

but everyone enjoyed themselves.





Here are some of the Arc's pictures from the 2017 dinner dance. Everybody had a great time. We gave away many raffle prizes.



Mark famous dance step.



People are having a good time at the Arc's annual dinner dance. Everyone won a ton of raffles. Mark was putting on his groove on the dance floor with all the other guests

