

Carnezz's Corner

carnezz terry junior

We will be starting meetings for A New Way in September. If you would like to join our group please contact me. Don't forget we are trying to fight for our money and our Jobs . Please try to take the time to let the government know how we feel about the budgets . it will affect us all . We must be heard!!!!!!!!



GWS

BREAKING NEWS



Mary is enjoying her birthday at the Arc. The Arc surprised Mary with an ice cream cake. She really enjoyed her birthday being with friends.

PEOPLE FIRST CT 2017 CONFERENCE

People First of CT had it's annual day conference at the Sheraton Hotel in Rocky Hill. It was a nice sunny and cool day. We all had lots of fun. People First also put on a talent show. Here are some pictures of the event.



A New Way

Mike Ruzzi, Self Advocacy Coordinator for The Arc of Southington at 860-628-9220 Ext. 240 or

sac@arc-south.org



Upcoming Events

The Arc of Southington would like to thank all the sponsors, donors, and volunteers that helped to make our events a great success!

T-shirts, hats, and jewelry are being sold at the Arc any time so come check it out.

October 14th: 7th annual town-wide tag sale sponsored by the Arc of Southington maps will be available at the Arc office for \$1.00 during normal business hours and also at Topps supermarket during normal business hours. For more info call Krista at 860-628-9220 ext. 100. RAIN DATE Sat. Oct. 15th.

> For more information on how to get involved, please visit us at <u>www.arcsouthington.org</u>

From the editor

I would like your opinon on the newsletter that I put out. Your comments will help me to improve the newsletter. Please send your opinions and comments to the following. Mike Ruzzi ARC of Southington 201 West main street Plantsville, CT 06479 or you can email me at sac@arc-south.org. Thank you Mike Ruzzi.



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Mission:

The Arc of Southington is a leader in the community: educating, empowering, supporting and advocating for people with disabilities

Vision:

People with cognitive, intellectual and developmental disabilities:

- · Receive inclusive education
- Receive appropriate, quality supports
 Are included in all aspects of community life
- Are included in all aspects of community life • Are empowered to live the lives they choose
- The Arc of Southington:
- · Is a valuable community resource
- · Builds bridges in the community
- · Is committed to excellence and integrity

Here are some safety tips that you should be aware of.

Safety tip #1 never open the door to anyone you do not know.

Safety tip #2 always lock your doors.

Safety tip #3 never sign anything that you do not know about.

Safety tip #4 always hang up the phone if you do not know who is calling you.

Safety tip #5 throw away all unwanted mail.

Safety tip #6 do not leave your wallet hanging around.

If you have any other safety tips you would like me to put in the newsletter please let me know at sac@arc-south.org or you can drop them off at the office during normal business hours.

The Arc of Southington had field day at the New Britain Bees Stadium. The players let the group onto the field. They had so much fun and it was a nice day out. Here are some pictures of the event.



Hello all its me Mike Ruzzi. I know we, people with disabilities are facing cuts to our services. We do not want these cuts to happen because it will not be good for us who have these services. Please call your senators and legislators and voice your opinions to them. The more voices the better. Now here are some pictures of us taking furlough days from work.



